

ACEL - OPEN WATER RECORDS

NAME	EVENT	DISTANCE	TIME ACHIEVED	DATE ACHIEVED
Debs B.	Challenge Salou 70.3	1.9k		10 May 2026
Oscar M	Great North Swim	5k		12-14 June 2026
Alva W.	Channel Relay Team	34k+		July 2026
Debs B.	Canary Wharf Swim	2 Miles		4 July 2026
Emma V.	Canary Wharf Swim	2 Miles		4 July 2026
Francesca B.	Canary Wharf Swim	2 Miles		4 July 2026
Niamh	Canary Wharf Swim	2 Miles		4 July 2026
Roisin NC	Canary Wharf Swim	2 Miles		4 July 2026
Jess C.	Outlaw Holkham	1.2 Miles		5 July 2026
Jess C.	Ironman 70.4 Worlds	1.2 Miles		12 Sept 2026
Roisin NC	Serpentine Swim	TBC		19 Sept 2026
Francesca B.	Serpentine Swim	TBC		19 Sept 2026
Debs B.	Emilia Romagna 70.3	1.9k		21 Sept 2026

NAME	TT LFS (last Sun of each mnth)	TIME ACHIEVED	DATE ACHIEVED	PB/ DATE ACHIEVED
Emma V.	400 TT LFs	06:26:53	29 Mar 2026	06:17:08 (26 Apr '06)
Roisin NC	400 TT LFs	06:32:19	29 Mar 2026	06:23:01 (26 Apr '06)
Alva W.	400 TT LFs	07:05:13	25 Jan 2026	06:42:31 (26 Apr '06)
Franco C	400 TT LFs	07:47:16	22 Feb 2026	06:59:38 (26 Apr '06)
Niamh	400 TT LFs	07:04:97	26 April 2026	07:04:97 (26 Apr '06)
Francesca B.	400 TT LFs	07:30:74	25 Jan 2026	07:30:74 (25 Jan '06)
Jess C.	400 TT LFs	07:36:15	22 Feb 2026	07:31:16 (26 Apr '06)
Jo U.	400 TT LFs	07:56:09	26 April 2026	07:41:39 (29 Mar '06)
Laura R.	400 TT LFs	08:14:09	22 Feb 2026	08:14:09 (22 Feb '06)
Kat P	400 TT LFs	08:18:14	26 April 2026	08:18:14 (25 Apr '06)
Basil B	400 TT LFs	08:37:01	26 April 2026	08:14:73 (29 Mar '06)